

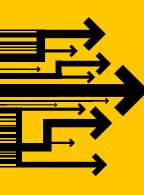
AND LOW COST ACTIVITIES



anuary and April



logan.qld.gov.au/krank



# REMEMBER TO BRING...

- money (if there is an activity fee)
- snack or lunch
- water bottle
- enclosed shoes
- hat and sunscreen (outdoor activities)
- swimwear and towel (for water-based activities)



# ACTIVITIES BY SUBURB

Beenleigh - pages 8, 10, 11

Browns Plains - page 12

Carbrook - pages 8, 13

Crestmead - pages 8, 9, 10, 12

Eagleby - pages 8, 13

Flagstone - pages 11, 12

Greenbank - page 8

Heritage Park - page 8

Jimboomba - page 12

Kingston - pages 9, 10, 12, 13

Loganlea - page 9

Logan Village - page 11

Meadowbrook - page 8

Priestdale - pages 8, 11

Slacks Creek - page 13

Tanah Merah - pages 9, 10

Waterford - page 10

Yarrabilba - pages 11, 12



We would love your feedback. Phone Council on 3412 3412 or email council@logan.qld.gov.au

# Interested in free technology workshops?

Visit Logan City Council Libraries for:

- LEGO<sup>®</sup> engineering club
- LEGO<sup>®</sup> robots
- · Coding and robotics
- Virtual reality
- 3D printing
- Library after dark family events



Visit loganlibraries org/whats-on or contact your local Logan City Council Library.

### **Disclaimer**

The activities are provided by third parties, not Logan City Council. Logan City Council takes no responsibility or liability for any damage, loss, costs, expenses, liability claim, demands, action, proceeding, injury (including death) or dispute due to or arising out of, directly or indirectly, the actions or omissions (whether wilful, negligent or otherwise) of Council (including any officer or employee) or participant (including yourself) or any third party provider. Participation in any activity is at the sole discretion of the third party provider.

Information contained in this program is correct at the time of printing and is subject to change. All content accurate as of October 2018.

# JANUARY 2019 - PROGRAM SUMMARY

### BOOKINGS OPEN 9AM MONDAY 10 DECEMBER 2018

DATE	TIME	AGE	SESSION	LOCATION
SAT 12 JAN	10am to 11am and 11.30am to 12.30pm	11–17 years	Bubble Soccer (p.8)	Isle of Ely Park, Heritage Park
401 14 · 41	9am to 10am	12-17 years	Martial Arts (p.10)	KMA Brisbane, Tanah Merah
MON 14 JAN	7pm to 8.30pm	12–17 years	Mission: Black Ops (p.11)	Flagstone Football Oval
TUE 15 JAN	9.30am to 12.30pm	12-17 years	Unlimited Animations Workshop (p.13)	Kingston East Neighbourhood Centre
	9.30am to 2.30pm	12-17 years	BRAVE Art Therapy (p.8)	Logan Women's Health & Wellbeing Centre, Beenleigh
	11am to noon	13-17 years	Aqua Park (p.8)	Bayside Aqua Park
	10am to 11am	12-17 years	Wakeboarding (p.13)	Cable Ski Logan
	5.30pm to 7.30pm	All ages	Family Movie Night (p.9)	Crestmead PCYC
WED 16 JAN	9.30am to 12.30pm	12-17 years	Unlimited Animations Workshop (p.13)	Kingston East Neighbourhood Centre
	10am to 1pm and 1pm to 4pm	12-17 years	Go-Karting and Amusement Rides (p.9)	Kingston Park Raceway
	8.30am to 2pm	11-17 years	Learn to Surf (p.10)	Meet at Gould Adams Park, Kingston
THU 17 JAN	9.30am to 12.30pm	12-17 years	Unlimited Animations Workshop (p.13)	Kingston East Neighbourhood Centre
	10am to 11am	12-17 years	Wakeboarding (p.13)	Cable Ski Logan
	10am to 1pm and 1pm to 4pm	12–17 years	Go-Karting and Amusement Rides (p.9)	Kingston Park Raceway
	11am to noon	13-17 years	Aqua Park (p.8)	Bayside Aqua Park
_			. 11.4.7.	
FRI 18 JAN	10.30am to 11.30am and 11.30am to 12.30pm	5-17 years	Possibility Program (p.11)	Beenleigh PCYC
<b>)</b>		3		
Ч	1888			

# UANUARY 2019 - PROGRAM SUMMARY

### BOOKINGS OPEN 9AM MONDAY 10 DECEMBER 2018

DATE	TIME	AGE	SESSION	LOCATION
SAT 19 JAN	10am to noon	12-17 years	Kayaking (p.10)	Larry Storey Park, Waterford
SAT I/ JAN	10am to 11am and 11.30am to 12.30pm	11-17 years	Bubble Soccer (p.8)	Isle of Ely Park, Heritage Park
SUN 20 JAN	9am to noon	5–17 years	Ninja Obstacle Course (p.11)	Logan Village Green, Logan Village
MON 21 JAN	10am to 1pm and 1pm to 4pm	12-17 years	Go-Karting and Amusement Rides (p.9)	Kingston Park Raceway
TUE 22 JAN	10am to 11am	12-17 years	Wakeboarding (p.13)	Cable Ski Logan
	11am to noon	13-17 years	Aqua Park (p.8)	Bayside Aqua Park
	10am to noon	12-17 years	Youth First Aid and CPR (p.13)	Kingston East Neighbourhood Centre
	8.30am to 2pm	12-17 years	Surf Life Saving Course (p.12)	Meet at Gould Adams Park, Kingston
WED 23 JAN	1.30pm to 5.30pm	13-17 years	Comic Workshop (p.9)	Loganlea Community Centre
MED 23 JAN	9.30am to noon	12-17 years	Macramé Necklace Workshop (p.10)	Logan Women's Health & Wellbeing Centre, Beenleigh
	9am to 10am	12-17 years	Girls Only Self Defense (p.9)	KMA Brisbane, Tanah Merah
	12.30pm to 4pm	12-17 years	RAD BMX Jam (p.12)	Crestmead Skate Park, Crestmead
THU 24 JAN	12.30pm to 4pm	12-17 years	RAD Scooter Jam (p.12)	Jimboomba Skate Park, Jimboomba
	10am to 11am	12-17 years	Wakeboarding (p.13)	Cable Ski Logan
	11am to noon	13-17 years	Aqua Park (p.8)	Bayside Aqua Park
	10.30am to noon	10-15 years	Culinary Workshop (p.9)	Crestmead Community Centre
FRI 25 JAN	3pm to 4pm and 4.30pm to 5.30pm	11-17 years	Bubble Soccer (p.8)	JJ Smith Memorial Park, Greenbank



# APRIL 2019 - PROGRAM SUMMARY

C== / ==0	TIME	AGE	SESSION	LOCATION
SAT 6 APR	9am to noon	5-17 years	Ninja Obstacle Course (p.11)	Darlington Parklands, Yarrabilba
SUN 7 APR	10am to 11am and 11.30am to 12.30pm	11–17 years	Bubble Soccer (p.8)	Underwood Park, Priestdale
MON 8 APR	10am to 1pm and 1pm to 4pm	12–17 years	Go-Karting and Amusement Rides (p.9)	Kingston Park Raceway
	10am to 1pm	12-17 years	3 on 3 Basketball Comp (p.8)	Family Centre, Eagleby
TUE 9 APR	10am to 11am	12-17 years	Wakeboarding (p.13)	Cable Ski Logan
TOL V ALIC	10am to noon	12-17 years	Youth First Aid & CPR (p.13)	Kingston East Neighbourhood Centre
	9.30am to 2.30pm	12-17 years	BRAVE Art Therapy (p.8)	Logan Women's Health & Wellbeing Centre, Beenleigh
WED 10 APR	9am to 2pm	12–17 years	Saltwater Fishing (p.12)	Meet at 41 Mary Street, Kingston to catch a bus to Cabbage Tree Point, Steiglitz
	12.30pm to 4pm	12–17 years	RAD BMX Jam (p.12)	Jimboomba Skate Park, Jimboomba
THU []] APR	12.30pm to 4pm	12-17 years	RAD Scooter Jam (p.12)	Browns Plains Skate Park
	10am to 11am	12–17 years	Wakeboarding (p.13)	Cable Ski Logan
	10am to 1pm and 1pm to 4pm	12–17 years	Go-Karting and Amusement Rides (p.9)	Kingston Park Raceway
FRI 12 APR	10.30am to noon	12-17 years	Indigiclimb (p.10)	Crestmead Park, Crestmead
IN IF MPR	3pm to 4pm	11-14 years	Soccer Match (p.12)	Darlington Parklands, Yarrabilba
	4pm to 5pm	15-17 years	Soccer Match (p.12)	Darlington Parklands, Yarrabilba

# APRIL 2019 - PROGRAM SUMMARY

## BOOKINGS OPEN 9AM MONDAY 4 MARCH 2019

DATE	TIME	AGE	SESSION	LOCATION
SAT 13 APR	9am to noon	12-17 years	Touch Footy (first session) (p.13)	Gould Adams Park, Kingston
	1pm to 3pm	12-17 years	Outdoor Rock Climbing Wall (p.11)	Logan Village Green, Logan Village
SUN 14 APR	9am to noon	12-17 years	Touch Footy (second session) (p.13)	Gould Adams Park, Kingston
	10am to 11am and 11.30am to 12.30pm	11–17 years	Bubble Soccer (p.8)	Riverdale Park, Meadowbrook
	9am to noon	5-17 years	Ninja Obstacle Course (p.11)	Underwood Park, Priestdale
MON 15 APR	9am to 10am	12-17 years	Martial Arts (p.10)	KMA Brisbane, Tanah Merah
MON IS APR	6pm to 7.30pm	12-17 years	Mission: Black Ops (p.11)	Flagstone Football Oval
TUE 16 APR	10am to 11am	12-17 years	Wakeboarding (p.13)	Cable Ski Logan
TUE JO APR	10am to 1pm and 1pm to 4pm	12-17 years	Go-Karting and Amusement Rides (p.9)	Kingston Park Raceway
	10am to 11am	12-17 years	Flower Crown Making (p.9)	Loganlea Community Centre
	10am to 1pm	10-14 years	The Amazing Race (p.13)	Meet at Eagleby Family Centre
	10.30am to 11.30am and 11.30am to 12.30pm	5–17 years	Possibility Program (p.11)	Beenleigh PCYC
WED 17 APR	5.30pm to 7.30pm	All ages	Family Movie Night (p.9)	Crestmead PCYC
WIN TO WELL	9.30am to noon	5–17 years	Macramé Necklace Workshop (p.10)	Logan Women's Health & Wellbeing Centre, Beenleigh
	1pm to 3pm	12-17 years	Kayaking (p.10)	Larry Storey Park, Waterford
	9am to 10am	12-17 years	Girls Only Self Defense (p.9)	KMA Brisbane, Tanah Merah
•				
THU 18 APR	10am to noon	12-17 years	Skateboarding Workshop (p.12)	Flagstone Skate Park, Flagstone
THU IN MEN	10am to 11am	12-17 years	Wakeboarding (p.13)	Cable Ski Logan
	10.30am to noon	10-15 years	Culinary Workshop (p.9)	Crestmead Community Centre
	3pm to 4pm	13-17 years	BoxFit (p.8)	Crestmead Community Centre



### 3 on 3 Basketball Comp



Come down and find a team to play in the 3 on 3 basketball competition. Play 2 x 5 minute halves in a round robin style competition.

Mon 8 Apr - 10am to 1pm

Eagleby Family Centre, 94/112 Fryar Rd, Eagleby

**Bookings:** Wesley Mission

Queensland Phone: 3151 6130

Email: p.taramai@wmq.org.au

### BRAVE Art Therapy



A creative and empowering art workshop focusing on bravery and what it looks like for young women today.

**Tue 15 Jan, Tue 9 Apr –** 9.30am to 2.30pm

Logan Women's Health & Wellbeing Centre, 29 City Rd, Beenleigh

**Bookings:** Logan Women's Health & Wellbeing Centre

Phone: 3801 8368

Email: staceyr@loganwomen.com.au

### Aqua Park



Run, jump, slide, climb, paddleboard, canoe and tube ride on the water at Bayside Aqua Park. Bring swimwear, sun shirt, towel and a hat. Life vests and safety brief included. Parents/carers are required to stay for the duration of the activity.

Tue 15 Jan, Thu 17 Jan, Tue 22 Jan, Thu 24 Jan – 11am to noon

Bayside Aqua Park, 80 Ferry Rd, Carbrook

**Bookings:** Cable Ski Logan Email: cableski@bigpond.com

### Bubble Soccer



Surrounded by a huge Zorb ball, you'll bump and bounce your way around the pitch playing a mixture of fun bubble games. No soccer skills required. Wear sports gear and enclosed shoes.

**Sat 12 Jan –** 10am to 11am and 11.30am to 12.30pm

Isle of Ely Park, Isle of Ely Dr, Heritage Park

**Sat 19 Jan –** 10am to 11am and 11.30am to 12.30pm

Isle of Ely Park, Isle of Ely Dr, Heritage Park

**Fri 25 Jan –** 3pm to 4pm and 4.30pm to 5.30pm

JJ Smith Memorial Park, Teviot Rd, Greenbank

**Sun 7 Apr –** 10am to 11am and 11.30am to 12.30pm

Underwood Park, Underwood Rd, Priestdale

**Sun 14 Apr –** 10am to 11am and 11.30am to 12.30pm

Riverdale Park, Armstrong Rd, Meadowbrook

**Bookings:** Zoccer Sports Phone: 0488 622 875

Email: info@zoccersports.com.au

### BoxFit



Punch your way to fitness with this high-energy class which is totally non-contact. The instructor will challenge you to "up the intensity" and motivate you to make the most of every round.

Thur 18 Apr - 3pm to 4pm

Crestmead Community Centre, Gimlet St. Crestmead

**Bookings: PCYC Crestmead** 

Phone: 3805 4100

Email: crestmead@pcyc.org.au

### Comic Workshop



Workshop presented by Cameron Davis, comic writer/illustrator. Learn how to make your very own comic.

Wed 23 Jan - 1.30pm to 5.30pm

Loganlea Community Centre, 28-32 Timms St, Loganlea

**Bookings:** Loganlea Community

Centre

Phone: 3805 8260

Email: admin@loganleacommunity.

org.au

### Culinary Workshop



Learn how to cook various delicious meals then sit down and enjoy your creation. Advise of any dietary requirements.

Thu 24 Jan, Thu 18 Apr – 10.30am to noon

Crestmead Community Centre, Gimlet St. Crestmead

**Bookings: PCYC Crestmead** 

Phone: 3805 4100

Email: crestmead@pcyc.org.au

### Family Movie Night



Bring a cushion, blanket and the whole family for a movie night. For a gold coin donation, you can get a popcorn and drink.

**Tue 15 Jan, Wed 17 Apr –** 5.30pm to 7.30pm

Crestmead Community Centre, Gimlet St, Crestmead

**Bookings: PCYC Crestmead** 

Phone: 3805 4100

Email: crestmead@pcyc.org.au



### Flower Crown Making



Come and learn how to make your own flower crown using fresh flowers and foliage!

**Tue 16 Apr –** 10am to 11am

Loganlea Community Centre, 28-32 Timms St, Loganlea

**Bookings:** Heilani Productions

Phone: 0414 768 593 Email: info@heilani.com

### Girls Only Self-Defence



Learn valuable life skills in a female-only class, including break and escape skills and martial arts self-defence moves.

**Wed 23 Jan, Wed 17 Apr –** 9am to 10am

KMA Brisbane 2/19 Pintu Dr. Tanah Merah

**Bookings:** KMA Brisbane Phone: 0410 645 552

Email: davidkingtkd@gmail.com

# Go-Karting and Amusement Rides



Each driver will receive 3 x go-kart rides and 3 x amusement rides. Drivers must wear fully enclosed shoes and long hair must be tied back. A hoodie may be required depending on the length of hair.

Wed 16 Jan, Thu 17 Jan, Mon 21 Jan, Mon 8 Apr, Thu 11 Apr, Tue 16 Apr – 10am to 1pm and 1pm to 4pm

Kingston Park Raceway, 20 Mudgee St, Kingston

**Bookings:** Kingston Park Raceway

Phone: 3826 2255

Email: sales@kingstonpark.com.au

### IndigiCLIMB



Have fun climbing the 8 metre high outdoor rock climbing wall! Youth Off the Streets will be hosting a free barbecue. Bring a water bottle, a hat and sunscreen.

Fri 12 Apr - 10.30am to noon

Crestmead Park, Gimlet St, Crestmead

**Bookings:** Base Zero Mobile Rock Climbing

Email: matt@basezero.com.au

### Kayaking



Learn to kayak and explore the waterways of the Logan area. All children must be accompanied by an adult. Bring water, sunscreen, hat, enclosed shoes that can get wet and a towel.

Sat 19 Jan - 10am to noon

Larry Storey Park, 74 Albert St, Waterford

Wed 17 Apr - 1pm to 3pm

Larry Storey Park, 74 Albert St, Waterford

**Bookings:** Vertec Adventure

Phone: 0403 293 533

Email: bookings@vertecadventure.

com.au

# 

### Learn to Surf



Learn the art of surfing! Meet at 8.30am at Gould Adams Community Centre. You will be taken on a bus to Kurrawa Surf Club at Broadbeach where you will receive a surfing lesson from qualified instructors. Cost includes hire and provision of surfboards and rash shirts. Bring a towel, change of clothes, sunscreen, water bottle and lunch.

Wed 16 Jan - 8.30am to 2pm

Meet at Gould Adams Park, 558 Kingston Rd, Kingston

**Bookings:** Access Community

Services

Phone: 3442 1818

Email: janellek@myq.org.au

### Macramé Necklace Workshop



Learn how to make your own beautiful crystal macramé necklace.

Wed 23 Jan, Wed 17 Apr – 9.30am to noon

Logan Women's Health & Wellbeing Centre 29 City Rd, Beenleigh

Bookings: Logan Women's Health

& Wellbeing Centre Phone: 3801 8368

Email: staceyr@loganwomen.com.au

### Martial Arts



A fun introduction to the benefits of martial arts and self-defence in a non-contact session.

**Mon 14 Jan, Mon 15 Apr –** 9am to 10am

KMA Brisbane 2/19 Pintu Dr. Tanah Merah

Bookings: KMA Brisbane

Phone: 0410 645 552

Email: davidkingtkd@gmail.com

### Mission: Black Ops



Under the cover of darkness build and launch luminescent rockets and watch them glow as they fly up to 60 metres into the night sky! Please bring an empty 1.25L fizzy drink bottle straight from a recycling bin.

Mon 14 Jan - 7pm to 8.30pm

Flagstone Football Oval, Flagstonian Drive, Flagstone

Mon 15 Apr - 6pm to 7.30pm

Flagstone Football Oval, Flagstonian Drive, Flagstone

Bookings: It's Rocket Science

Adventures Phone: 0401 217 052 Email: brisbanenorth@ itsrocketscience.com.au

### Ninja Obstacle Course



Move through a ninja-inspired obstacle course. Climb, jump, crawl, squeeze and swing like a ninja.

Sun 20 Jan - 9am to noon

Logan Village Green, 11-15 Logan St, Logan Village

Sat 6 Apr - 9am to noon

Darlington Parklands, Yarrabilba Dr, Yarrabilba

Sun 14 Apr - 9am to noon

Underwood Park, Underwood Rd, Priestdale

**Bookings:** Terrain Training Email: info@terraintraining.com.au

### Outdoor Rock Climbing Wall



Try out the 11m portable rock wall and learn how to belay and climb in a safe environment. Wear enclosed shoes and exercise clothes. Parent/carers are required to stay for the duration of the activity.

**Sat 13 Apr –** 1pm to 3pm

Logan Village Green, 11-15 Logan St, Logan Village

**Bookings:** Vertec Adventure Phone: 0403 293 533

Email: bookings@vertecadventure.

com.au

### Possibility Program



A specialised program for people with a disability or special need. The program offers activities to improve self-esteem, confidence, social skills, teamwork, communication and muscle development. The program provides a supportive environment where people with a disability feel valued and accepted. Parents/carers are required to stay for the duration of the activity.

Fri 18 Jan, Tue 16 Apr – 10.30am to 11.30am and 11.30am to 12.30pm

Beenleigh PCYC, 20-38 Alamein St, Beenleigh

**Bookings:** Beenleigh PCYC

Phone: 3380 1777

Email: peter.speaight@pcyc.org.au



### RAD BMX Jam



RAD Riders will be hosting an afternoon of games with competitions, prizes and RAD sponsor scouts. Bring your bike and helmet.

Wed 23 Jan - 12.30pm to 4pm

Crestmead Skate Park, Gimlet St. Crestmead

Wed 10 Apr - 12.30pm to 4pm

Jimboomba Skate Park, South St, Jimboomba

**Bookings:** RAD Riders Email: team@radriders.com.au or facebook.com/rad.raceparktrails

### RAD Scooter Jam



RAD Riders will be hosting an afternoon of games with competitions and prizes. Bring your scooter and helmet.

Thu 24 Jan - 12.30pm to 4pm

Jimboomba Skate Park, South St, Jimboomba

**Thu 11 Apr –** 12.30pm to 4pm

Browns Plains Skate Park, Waller Rd, Browns Plains

**Bookings:** RAD Riders Email: team@radriders.com.au or facebook.com/rad.raceparktrails

### Saltwater Fishing



Learn basic fishing skills such as how to cast a net, tie knots, rigging and baiting. Includes a free sausage sizzle lunch. Bring water, sunscreen, hat and sunglasses.

Wed 10 Apr - 9am to 2pm

Meet at 41 Mary Street, Kingston to catch a bus to Cabbage Tree Point, Steiglitz

Bookings: YMCA Brisbane

Phone: 3440 4300

Email: herbert.diaz@ymcabrisbane.org

### Skateboarding Workshop



Learn fundamental motor skills vital for skateboarding and sport participation. Caters for beginner's right through to those who are looking to develop their skills.

Thu 18 Apr - 10am to noon

Flagstone Skate Park, Flagstonian Dr, Flagstone

**Bookings:** Australian Skateboarding

Federation

Phone: 1300 918 531

Email: office@australianskateboarding.

com

### Soccer Match



Enjoy a real match-day experience with warm ups, team selection, game halves, breaks with oranges and a full time team talk. Bring enclosed shoes, hat and water bottle. Parents/carers are required to stay for the duration of the match.

Fri 12 Apr – 3pm to 4pm (11 to 14 yrs) and 4pm to 5pm (15 to 17 yrs)

Darlington Parklands, Yarrabilba Dr, Yarrabilba

**Bookings:** Ginger Sport Phone: 3890 3338

Email: info@gingersport.com.au

### Surf Life Saving Course



Introductory program covering board paddling, wading, dolphin diving, beach sprints and flags as well as some rescue techniques, patient care and CPR. Bring lunch, water, sunscreen, a hat, towel, swimmers and a spare change of clothes.

**Tue 22 Jan -** 8.30am to 2pm

Meet at Gould Adams Park, 558 Kingston Rd, Kingston

**Bookings:** Access Community Services

Phone: 3442 1818

Email: janellek@myq.org.au

### The Amazing Race



Grab your mates and join in on Logan's very own amazing race!

Tue 16 Apr - 10am to 1pm

Meet at Eagleby Family Centre, 94/112 Fryar Rd, Eagleby

**Bookings:** Wesley Mission

Queensland Phone: 3151 6130

Email: p.taramai@wmq.org.au

### Touch Footy



A touch footy competition held over 2 days for teens. One-off fee of \$3 for both days. Bring your water bottle and a hat.

Sat 13 Apr and Sun 14 Apr – 9am to noon

Gould Adams Park Touch Football Grounds, 558 Kingston Rd, Kingston

**Bookings:** Glow Fitness Phone: 0478 570 474 Email: kelka23@hotmail.com

# Unlimited Animations Workshop



Come along to this three day workshop to develop and create an animated movie on the computer. There will be snacks, games and prizes!

**Tue 15 Jan, Wed 16 Jan, Thu 17 Jan -** 9.30am to 12.30pm

Kingston East Neighbourhood Centre, 177 Meakin Rd, Slacks Creek

**Bookings:** Kingston East Neighbourhood Centre Phone: 3808 1684 Email: admin@keng.org.au





### Wakeboarding



Whether it's your first time wakeboarding or you're looking to develop your skills, our learn to wakeboard program will cater for every level. With the training provided from our qualified coaches, you'll be standing on top of a wakeboard or hitting the ramps sooner than you think. Bring swimwear and a towel.

Tue 15 Jan, Thu 17 Jan, Tue 22 Jan, Thu 24 Jan – 10am to 11am Tue 9 Apr, Thu 11 Apr, Tue 16 Apr, Thu 18 Apr – 10am to 11am

Cable Ski Logan, 80 Ferry Rd, Carbrook

**Bookings:** Cable Ski Logan Email: cableski@bigpond.com

### Youth First Aid and CPR



Facilitated by a trained paramedic, you will learn practical tips for responding to common situations and how to apply general first aid and CPR.

Tue 22 Jan, Tue 9 Apr – 10am to noon

Kingston East Neighbourhood Centre, 177 Meakin Rd, Slacks Creek

Bookings: Kingston East Neighbourhood Centre Phone: 3808 1684 Email: admin@keng.org.au



